



## PRIVATE PAY (SLIDING SCALE) AGREEMENT

We at Catalyst Counseling believe in making counseling as accessible and affordable as possible. To that end, we have several slots that we reserve for a reduced sliding scale rate. As those slots become available, we are happy to offer them to our clients.

**If my clinician at Catalyst Counseling is in network with my insurance:** due to contractual obligations, I understand that Catalyst is not able to offer a reduced rate for co-pays or deductible payments. In addition, by signing this form and electing private pay, I agree that neither I nor Catalyst Counseling will submit claims to my health insurance company for sessions paid at the sliding scale rate.

**If my clinician at Catalyst Counseling is not in network with my insurance:** I may submit superbill claims to my insurance for out of network reimbursement.

I request that Catalyst Counseling email me superbills after each appointment

Clinician: \_\_\_\_\_

Standard fee for a 50-minute counseling session: \$200.00

Sliding Scale Rate Offered (individual counseling): \$120.00

Sliding Scale Rate offered (couples/family counseling): \$160.00

Or if different rate established, include other rates below and explain reason:

\_\_\_\_\_

By signing below, I acknowledge that I understand and accept the private pay rate for services.

Client (1) Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Printed Name: \_\_\_\_\_

Client (2) Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Printed Name \_\_\_\_\_